

# Worsley Institute Training<sup>SM</sup> (WIT<sup>SM</sup> UK)

## Programme Structure

This training programme is based on WIT<sup>SM</sup> UK's mission to recapture Professor J.R. Worsley's teachings during the time he was the sole Owner and Director of the College of Traditional Chinese Acupuncture (CTA) in Leamington Spa (a 30-year period from the 1960's to the early 1990's).

WIT UK's main aims are:

- To uphold the integrity and legacy of this beautiful lineage.
- To make the learning experience meaningful, enjoyable, and practical.
- To offer a high-quality professional training.

Academic proficiency is only one component of the learning process. We also need to hone and deepen our understanding and experience of Natural Order.

We, the Worsley Institute faculty and team, would love to walk alongside you as you begin your life-long journey with Worsley Five-Element Acupuncture (WF-EA<sup>SM</sup>), formerly known as "Classical Five-Element Acupuncture<sup>SM</sup>" (CF-EA<sup>SM</sup>).

The Programme is presented in two Modules: Theory and Clinical.

### **I THEORY:**

#### **Class-contact: 248 hours**

Initial 4-day induction followed by 9 monthly sessions of 3 consecutive days (Friday to Sunday).

**Hours: 9am-1pm; 2pm-6pm**

**March 2020 - January 2021**

**Dates: Induction weekend**

**I-1: 5-8 March 2020 Thurs to Sun**

**Followed by 9, 3-day weekends spaced at monthly intervals**

(please note there will be no training weekend in August 2020):

**I-2: 3-5 April**

**I-3: 15-17 May**

**I-4: 12-14 June**

**I-5: 10-12 July**

**I-6: 11-13 September**

**I-7: 9-11 October**

**I-8: 13-15 November**

**I-9: 4-6 December**

**I-10: 8-10 January 2021**

**Venues:** Sessions will be held primarily in Burton Dassett, Warwickshire. Depending on circumstances and convenience, we may occasionally hold a session in the Wirral, Merseyside, and/or North Berwick, Scotland.

**Curriculum** is based on an oral tradition. We will therefore only be presenting lessons in person and in class.

Theory will include: Fundamental principles including Natural Laws, ancient Chinese philosophy and ideology, anatomical palpation and point location, point types and applications, Spirit of Points, principles of diagnosis, practical diagnosis and clinical skills, pulse taking, rapport and patient relationship, nutrition.

**Please note:** Anatomy and Physiology (A&P) Level 3 Diploma is required to qualify for the Certificate of Completion and will need to be studied externally to the WIT UK training. Essential Training Solutions (EST) offer a very good online course which costs around £70. The EST A&P course is accredited by the Federation of Holistic Therapists and follows the National Occupation Standard (NOS).

**Home-study:** Expect to spend a few hours a week doing enjoyable home-study including pulse-taking practice, point location practice, Nature Journal, creating your own personal Class Manual.

**Regular reviews, practical and written exams.** We support collaboration between students and faculty so that the process of learning, review and exams is interesting, engaging and enjoyable.

***Full attendance and demonstration of satisfactory understanding is required in order to advance to the Clinical module.***

## **II CLINICAL:**

WF-EA comes to life in the clinic with our patients, the greatest teachers of all.

**Clinical treatment, clinical observation, and class review:** 180 hours  
Commences with an initial 4-day clinical practise followed by 9 consecutive 2-day weekends.

**Hours** generally: Clinic 9am-2pm; Class 3pm-6pm

### **February - April 2021**

**Dates: Starting with 4 days clinical practise and class review**

**II-1: 4-7 Feb 2021 Thurs to Sun**

**Followed by 9, 2-day weekends:**

**II-2: 13-14 February**

**II-3: 20-21 February**

**II-4: 27-28 February**

**II-5: 6-7 March**

**II-6: 13-14 March**

**II-7: 20-21 March**

**II-8 27-28 March**  
**II-9: 10-11 April**  
**II-10: 17-18 April**

**Venues:**

The 10 scheduled sessions will be held in Burton Dassett, Warwickshire. Students are expected to attend these sessions.

*In addition:*

Students may wish to arrange clinical hours independently with WIT UK-approved practitioners at their private clinics (all on Faculty List are approved. Enquire with WIT UK if further information needed.)

Each student will be required to take out 'student mal-practice' insurance cover available from Balens, at approximately £25 per annum.

**Curriculum:**

Traditional Diagnosis Examinations, Causative Factor (CF), diagnosis, clinical protocols and skills development, treatment planning, practice management.

It will be the student's responsibility to organise patients for treatment.

Patient fees at the training clinic are paid to the clinical provider.

**Home-study:** Expect to continue spending a few hours a week honing your skills and senses with: Pulse taking practice, point location practice, continuing your Nature Journal and, personal Class Manual.

**Regular reviews, practical and written exams.** Students and faculty working together towards the development of an on-going community of peer support and mentoring in the build-up to completing the training and setting up in practice.

Once the student has been deemed by the teaching team to have satisfactorily completed all requirements of the programme, a Certificate of Completion will be issued.

If any student needs more time to complete the training satisfactorily, we will work in collaboration with them for up to an additional 3 months. If the student has not yet successfully completed the program within this extra 3 months, they may have to re-take some or all of the programme with another intake, with extra fees to be applied.

4 September 2019