

Worsley Institute TrainingSM (WITSM UK)

Programme Structure

This training programme is based on WITSM UK's mission to recapture Professor J.R. Worsley's teachings during the time he was the sole Owner and Director of the College of Traditional Chinese Acupuncture (CTA) in Leamington Spa (a 30-year period from the 1960's to the early 1990's).

WIT UK's main aims are:

- To uphold the integrity and legacy of this beautiful lineage.
- To make the learning experience meaningful, enjoyable, and practical.
- To offer a high-quality professional training.

Academic proficiency is only one component of the learning process. We also need to hone and deepen our understanding and experience of Natural Order, and discover how our senses can assist us in becoming instruments of nature.

We, the Worsley Institute faculty and team, would love to walk alongside you as you begin your life-long journey with Worsley Five-Element Acupuncture (WF-EASM), formerly known as "Classical Five-Element AcupunctureSM" (CF-EASM).

The Programme is presented in two Modules: Theory and Clinical.

The training will be spread over 14 months.

I THEORY:

This will comprise a mix of on-line training and online learning modules interspersed with in-person trainings as well as 20 live zoom 3-hour classes. The online modules will cover much of the theoretical material, allowing you to review certain sections to feel confident in the theory.

The live zoom classes will allow the students to stay connected and review any theoretical material through a discussion-based exploration.

The in-person classes are essential to this form of acupuncture and will focus on supporting you developing your sensory awareness in diagnosing the Causative Factor, enhancing your point location, and exercises to support building rapport with yourself as well as the patients.

124 in-person class hours
48 hours live online training
60 hours live online support and review
30 hours online modules

Total 262 contact hours

In-person training dates for the first year are as follows:

March 2021 – November 2021

Dates: Training will commence with 6 x 2-day weekends of online seminars, followed by 6 x 3-day in-person weekends (Friday to Sunday) spaced at monthly intervals.

Online seminars:

March 13-14, 20-21, 27-28

April 10-11, 24-25

May 8-9

In-person classes:

May 14-16

June 11-13

July 16-18

September 3- 5

October 8-10

November 26-28

Venue: Sessions will be held on the Wirral Peninsula, Merseyside. Depending on circumstances and convenience, we may occasionally hold a session in a different location. In the case of a change of location due to unforeseen circumstances, plenty of notice will be given in order that you can organise travel and accommodation in advance.

Curriculum: Theory will include: Fundamental principles including Natural Laws, ancient Chinese philosophy and ideology, anatomical palpation and point location, point types and applications, treatment protocols, Spirit of Points, principles of diagnosis, practical diagnosis and clinical skills, pulse taking, rapport and patient relationship, nutrition. In addition, field trips to local areas of natural beauty will allow us to fully immerse ourselves in nature.

Please note: Anatomy and Physiology (A&P) Level 3 Diploma is required to qualify for the Certificate of Completion and will need to be studied externally to the WIT UK training. Essential Training Solutions (ETS) offer a very good online course which costs around £70. The EST A&P course is accredited by the Federation of Holistic Therapists and follows the National Occupation Standard (NOS).

Anatomy and Physiology online course link:

<https://essential-training.co.uk/product/anatomy-and-physiology-online-course-fht/>

First Aid: It is a legal requirement to have an up-to-date One-Day First Aid at Work Certificate in order to practise acupuncture, and you will need to provide proof that you have completed this one-day training in order to begin your clinical training. Without a certificate, you will not be able to progress to clinical training.

Home-study: Expect to spend a few hours a week doing enjoyable home-study including pulse-taking practice, point location practice, case taking practice, Nature Journal, and creating your own personal Class Manual.

Regular reviews, practical and written exams. We support collaboration between students and faculty so that the process of learning, review and exams is interesting, engaging and enjoyable.

Full attendance and demonstration of satisfactory understanding is required in order to advance to the Clinical module.

II CLINICAL:

Clinical treatment, clinical observation, and class review: 220 contact hours

WF-EA comes to life in the clinic with our patients, the greatest teachers of all. The second year commences with an initial 4-day review and clinical practice followed by 13 consecutive 2-day weekends.

January 2022 to April 2022

The dates will be arranged once student numbers are confirmed.

Students will be required to complete a minimum of 30 treatments (with a minimum 4 patients receiving 5 treatments each) and observe a minimum of 20 treatments given by fellow student practitioners.

Venues:

Clinical training sessions will be held in the Wirral. There may be an occasional change to the venue for reasons of logistics. Students are expected to attend all these sessions.

In addition:

Students may wish to arrange clinical hours independently with WIT UK-approved practitioners at their private clinics (all on Faculty List are approved. Enquire with WIT UK if further information needed.)

Each student will be required to take out 'student mal-practice' insurance cover available from Balens at approximately £25 per annum.

Curriculum:

We will review Traditional Diagnosis Examinations, Causative Factor (CF), diagnosis, clinical protocols and skills development, treatment planning and practice management before moving into the practical aspect of consultations and treatments.

It will be the student's responsibility to organise patients for treatment.

Patient fees at the training clinic are paid to the clinical provider.

Home-study: Expect to continue spending a few hours a week honing your skills and senses with: Pulse taking practice, point location practice, continuing your Nature Journal and Personal Class Manual.

Regular reviews, practical and written exams. Students and faculty working together towards the development of an on-going community of peer support and mentoring in the build-up to completing the training and setting up in practice.

Once the student has been deemed by the teaching team to have satisfactorily completed all requirements of the programme, a Certificate of Completion will be issued.

If the student has not successfully completed the program by the end of the clinical training period, they may have to re-take some or all of the programme with another intake, with extra fees to be applied.